

Labor Day Holiday Workshops, Drop-Ins & Makeups 9/7 - 9/9

Tuesday 9/7

Classes

- 6-7:30pm \$40
Adv. Beg, Inter., Adv. Inter.
- 7:30-9:00pm \$40
Beginner I, Beginner II, Adv. Beg.

Workshops

- 6-7pm Groundstroke Workshop \$30
- 7-8pm Serve & Return Workshop \$30

Drill & Play Strategy Clinic

- 6-8pm Adv. Beg & Intermediate \$50
- 8-10pm Int. & Adv. Intermediate \$50

Wednesday 9/8

Classes

- 6-7:30pm \$40
Beginner I, Beginner II, Adv. Beg
- 7:30-9:00pm \$40
Adv. Beg, Inter., Adv. Inter.

Workshops

- 6-7pm Serve & Return Workshop \$30
- 7-8pm Groundstroke Workshop \$30

Drill & Play Strategy Clinic

- 6-8pm Int. & Adv. Intermediate \$50
- 8-10pm Adv. Beg & Intermediate \$50

Thursday 9/9

Classes

- 6-7:30pm \$40
Adv. Beg, Inter., Adv. Inter.
- 7:30-9:00pm \$40
Beginner I, Beginner II, Adv. Beg.

Workshops

- 6-7pm Groundstroke Workshop \$30
- 7-8pm Serve & Return Workshop \$30

Drill & Play Strategy Clinic

- 6-8pm Adv. Beg & Intermediate \$50
- 8-10pm Int. & Adv. Intermediate \$50

Stroke Development Workshops

These groundstroke and serve specific workshops will help you to develop the mastery, control and confidence in your strokes necessary to effectively apply strategy to your game according to the following progression:

1. Hit the ball over the net (duh) 2. Hit the ball into the court (duh) 3. Hit with depth 4. Hit with directional control 5. Hit with appropriate spins (slice and topspin) 6. Hit with power

Your coach will set up drills to assess and analyze your strokes, let you know where you are at on the progression and work with you to tweak your strokes to get to the next level. Open to levels 2-5.

Drill & Play Strategy Clinics & Mixers

These workshops will help you to think strategically rather than act out emotionally on the court to stay one step ahead of your opponent. Use your newly acquired consistency and confidence on your serves and groundies from the stroke development workshops to control points and play your strengths to your opponents' weaknesses.

Coaches will set up singles and doubles matchups according to skill level and during play interject strategic analysis.

Email to info@tennisonthelake.com or call 773-278-8877 to Register